

OUR SERVICES

Canine Swim Services

Swim Therapy, Exercise Swims & Swim Lessons



Body Work for Small Animals

Therapeutic Massage, Canine Sports Massage, Trigger Point Massage & Bowen Touch Balancing



Energy Work for All Animals

Emotional Freedom Techniques (EFT), Reiki & Animal Communication



BUSINESS HOURS

Tuesday & Thursday: 11.00 AM - 7.00 PM

Wednesday & Friday: 9.30 AM - 5.00 PM

Saturday: 9.00 AM - 12.00 PM

Sunday & Monday: Closed

GET IN TOUCH



425.260.2338



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www.allarounddogs.com

ABOUT US

Cheri Wildes is Certified Small Animal Massage Practitioner/Therapist (SAMP/SAMT) Licensed by the Washington State Health Department with additional training in Therapeutic Water Work.

She has been active in the Labrador Retriever community and dog world for close to 27 years. Her desire to prevent injury and facilitate post performance recovery for her own dogs, inspired her to obtain a variety of swim therapy, body & energy work skills and certifications for animals.

Cheri has successfully managed the day to day health of her animals holistically, and partners with traditional Western medicine providers as needed. She helps her clients do the same.

ALL SERVICES ARE BY APPOINTMENT ONLY, OUR FACILITY CANNOT ACCOMMODATE DROP-IN OR WALK-IN VISITORS

BY APPOINTMENT



ALL AROUND DOGS

Canine Wellness

"Unleashing Wellness"



Canine Swim Therapy & Swim Services

Body Work for Small Animals

Energy Work for All Animals

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CANINE SWIM SERVICES

Therapy Swim Sessions: Supports Surgery or Injury Recovery, as Part of a Rehabilitative Program, Post Surgery or Injury Maintenance, Helps to Manage Disability or Physical Restrictions such as Arthritis or Other Age Related Decline or as Comfort Care for Senior or Geriatric Dogs.

Exercise & Fitness Swim Sessions: Post Surgery or Injury Maintenance, General Exercise & Enrichment for Dogs Regardless of Age, for Performance or Working Dog Conditioning for Maintenance and Injury Prevention and for Post Whelp/Litter Fitness Conditioning.

Canine Swim Lessons: For Dogs with Little or No Past Swimming Experience, Rescue Dogs Who Have an Unknown Swimming History, Dogs Who Waded in But Lack Skills or Confidence to Swim Regardless of Age.

ENERGY WORK SERVICES

Emotional Freedom Techniques (EFT): Universal healing tool for physical, emotional, and performance issues. EFT involves tapping with finger tips on Acupuncture Meridian Points. EFT helps to tune into the issue or problem proactively, while addressing associated disharmony. It utilizes the same meridian pathways as Traditional Chinese Medicine.

Reiki Level 1 & 2: A powerful, non-invasive healing technique based on channeling universal energy via touch, raised hand or remotely. Reiki activates natural healing processes in the body, mind and spirit and restores physical and emotional well-being.

Animal Communication: Used as part of all our body & energy work services, and offered as a stand alone service. During body & energy work we use telepathic connection via mental images, words, feelings or emotions as an additional assessment tool, and express our intention to help the animal.

BODY WORK SERVICES

Therapeutic Massage:

Improves circulation, muscle tone, range of motion and supports general wellness. Supports the overall well-being of the animal, by increasing comfort and quality of life. Ideal for all age levels, particularly older animals, or those convalescing or suffering from impaired heart or kidney function.

Canine Sports Massage:

Focuses on deep tissue work to release muscles, joints and tendons. Alleviates pain and increases blood flow. Supports overall health maintenance, and post injury rehabilitation and recovery for both working animals and pets. Used to prepare muscles before exercise or competition to promote flexibility.

Trigger Point Massage:

Addresses hard nodules that develop and cause hyper-irritability in the muscle, affect blood and oxygen flow causing stagnation, irritation, referred pain, and toxins to settle into the muscle. Trigger Point Massage is the application of pressure to tender muscle tissue to release constricted areas, relieve pain, and compensation in other parts of the body.

Bowen Touch Balancing Therapy:

A non-invasive therapeutic technique consisting of gentle, yet precise soft tissue manipulation; with short rest periods between moves and procedures. Bowen Therapy resets muscles and reminds the nervous system of the original tissue memory; relaxed, elastic, toned and responsive.

All services are offered by a Certified Small Animal Massage Practitioner/Therapist (SAMP/SAMT) Licensed by the Washington State Health Department with additional training in Therapeutic Water Work.

SERVICES & PACKAGE PRICING

INTRODUCTORY SESSION RATE ALL SERVICES

Includes Full Assessment & Session Report
1 HOUR @ \$120

SWIM THERAPY: FOLLOW UP SESSIONS

Available After Introductory Session
30 MINS @ \$60 | 45 MINS @ \$90 | 1 HOUR @ \$120

5 SESSION SWIM THERAPY PACKAGES

30 MINS @ \$285 | 45 MINS @ \$435 | 1 HOUR @ \$585

EXERCISE SWIMS & SWIM LESSONS: FOLLOW UP SESSIONS

Available After Introductory Session
30 MINS @ \$55 | 45 MINS @ \$80 | 1 HOUR @ \$110

5 SESSION EXERCISE SWIMS & SWIM LESSON PACKAGES

30 MINS @ \$260 | 45 MINS @ \$385 | 1 HOUR @ \$535

ADDITIONAL DISCOUNT PRICING CHECK OUT OUR CURRENT DISCOUNTS, SPECIAL PRICING & VIP LOYALTY PROGRAM

ALL OTHER SERVICES RATES & PACKAGE DISCOUNTS

OTHER SERVICES: FOLLOW UP SESSIONS

Available After Introductory Session
30 MINS @ \$55 | 45 MINS @ \$80 | 1 HOUR @ \$110

5 SESSION OTHER SERVICES PACKAGES

30 MINS @ \$260 | 45 MINS @ \$385 | 1 HOUR @ \$535